

FOLLOWING INITIAL RETREATMENT

The existing endodontic (root canal) treatment of your tooth is being redone. Due to the nature of retreatments, your symptoms may increase before settling down. There may also be an increase in swelling over the tooth. In order to minimize your discomfort and control infection, an antibiotic may have been prescribed. Be certain to take the medication as instructed. If you develop a rash, itching, or any difficulty breathing, you may have an allergy to the medication. Discontinue its use and contact our office.

To control pain we recommend you start by taking over-the-counter pain/anti-inflammatory medications such as **600-800 mg of ibuprofen** (Advil, Motrin, etc.) every **6- 8 hours** (you are not to take more than 3200mg in 24 hours) or 440 mg naproxen sodium (Aleve) every 8- 10 hours. It is recommended that you take this anti-inflammatory medication for at least 2-3 days after treatment. Aspirin or acetaminophen (Tylenol) may be taken if you can't take the other medications. Sometimes the addition of a mild narcotic is advised and will be prescribed if necessary. You may be instructed to take an anti-inflammatory along with the narcotic pain medication.

If you have additional concerns or questions please contact the office.

Corene J. Poelman, D.D.S., M.S.

Heidi L. Kamrath, D.D.S.

858 676-6709

RANCHO BERNARDO
Endodontics